



# SAINT DOMINIC SCHOOL

250 Old Squan Road † Brick, New Jersey 08724  
Tel: 732.840.1412 † Fax: 732.840.6457 † [www.stdomschool.org](http://www.stdomschool.org)



NATIONAL BLUE RIBBON  
SCHOOL OF EXCELLENCE

## EMERGENCY HEALTH CARE PLAN FOR ALLERGIC REACTIONS

Student Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

### TO BE COMPLETED BY PHYSICIAN/ADVANCED PRACTICE NURSE

Allergy to: \_\_\_\_\_

#### Asthmatic:

Yes \_\_\_\_\_ No \_\_\_\_\_

\*Higher risk for severe reaction

#### Has student received epinephrine for anaphylaxis (date)

Yes \_\_\_\_\_ No \_\_\_\_\_

#### Has the student been tested?

Yes \_\_\_\_\_ No \_\_\_\_\_

#### Has the student undergone insect sting desensitization?

Yes \_\_\_\_\_ No \_\_\_\_\_

#### Is the student able to participate fully in all school athletic programs?

Yes \_\_\_\_\_ No \_\_\_\_\_

Symptoms:	Give Checked Medication	
*If food allergy has been ingested, but no symptoms	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Mouth: Itching, tingling, or swelling of lips, tongue, mouth	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Skin: Hives, itchy rash, swelling of the face or extremities	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Gut: Nausea, abdominal cramps, vomiting, diarrhea	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Throat: tightening of throat, hoarseness, hacking cough	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Lung: Shortness of breath, repetitive coughing, wheezing	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Heart: Weak or thready pulse, low BP, fainting, pale, blueness	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*Other	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
*If reaction is progressing (several of the above areas affected), give:	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine

All the above symptoms can potentially progress to a life-threatening situation!

#### Dosage:

Epinephrine: inject intramuscularly (circle one) EpiPen/Twinject 0.3mg or EpiPen JR/Twinject 0.15 mg

Antihistamine: (given concomitant/Epinephrine)

Physician's signature/stamp: \_\_\_\_\_



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## EMERGENCY HEALTH CARE PLAN FOR ALLERGIC REACTIONS

### Emergency Contacts

1. Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_
2. Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_
3. Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_
4. Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_



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## SCHOOL HEALTH SERVICES ALLERGY INFORMATION FORM

Parent/Guardian: *Please complete this form and return it to the School Health Room*

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Date \_\_\_\_\_

### TYPE OF ALLERGY

Check the box next to any allergy your child has experienced and list name/s as requested:

- Medication student is allergic to: \_\_\_\_\_  Name of specific food: \_\_\_\_\_
- Environmental allergens, insect dust, mites, mold, pets, etc. \_\_\_\_\_
- Insect bites/stings \_\_\_\_\_

### SYMPTOMS OF ALLERGY

Check the line next to any symptoms your child has experienced:

- |  |                              |
|--|------------------------------|
| _____ Hives                              | _____ Shock                  |
| _____ Swelling of _____                  | _____ Fainting – dizziness   |
| _____ Difficulty in breathing – wheezing | _____ Other (describe) _____ |
| _____ Difficulty swallowing              | _____                        |

1. Has your child seen a doctor for any of the allergies indicated above?  Yes  No
2. Has your child ever been hospitalized for any allergic event?  Yes  No
3. Is this medication requirement immediately after exposure to any allergy producing substance?  
 Yes  No If yes, name of medication \_\_\_\_\_  
(Please note: we must have both the *medication* and the *signed Medication/Treatment Authorization Form* on file in order to administer the medication.)
4. If no medication is necessary, how should the school treat the allergic event?  
Careful observation:  Yes  No Call parent/guardian:  Yes  No

If dietary changes are medically necessary, a Doctor's order with diagnosis is required.

COMMENTS: \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_





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## Consent for Delegate Administration

Student \_\_\_\_\_

D.O.B. \_\_\_\_\_

Teacher \_\_\_\_\_

Grade \_\_\_\_\_

As parent/guardian of \_\_\_\_\_ I request that the administration of epinephrine by school delegates via a pre-filled single dose auto-injector mechanism.

I acknowledge and understand that the school shall have no liability as a result of any injury arising from the administration of a pre-filled, single dose auto-injector mechanism containing epinephrine to my child. I shall indemnify and hold harmless the school and its employees or agents against any claims arising out of administration of a pre-filled single dose auto-injector mechanism containing epinephrine to my child.

This permission is valid for the \_\_\_\_\_ school year only.

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian name

*Elizabeth Jankevich*  
\_\_\_\_\_  
School Principal

*Kristin Haederson*  
\_\_\_\_\_  
School Nurse



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## Administration of Epinephrine

Student \_\_\_\_\_

D.O.B. \_\_\_\_\_

Teacher \_\_\_\_\_

Grade \_\_\_\_\_

As parent/guardian of \_\_\_\_\_ I request that the administration of epinephrine via a pre-filled single dose auto-injector mechanism.

Attached are the physician's orders requiring the administration of the epinephrine to my child who does not have the capability for self-administration. I understand that the school shall have no liability as a result of any injury arising from the administration of a pre-filled, single dose auto-injector mechanism containing epinephrine to my child. I shall indemnify and hold harmless the school and its employees or agents against any claims arising out of administration of a pre-fille, single dose auto-injector mechanism containing epinephrine to my child

I will provide a current epinephrine via a pre-filled single dose auto-injector and will be responsible for replacing it when it has expired.

This permission is valid for the \_\_\_\_\_ school year only.

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian name

*Elizabeth JanKovick*  
\_\_\_\_\_  
School Principal

*Kristin Halldorson*  
\_\_\_\_\_  
School Nurse





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## Parent Release and Indemnification

Student: \_\_\_\_\_

D.O.B \_\_\_\_\_

Grade/Homeroom: \_\_\_\_\_

This release is given by the parents/guardians on behalf of their minor child to Saint Dominic School to administer epinephrine medication through a pre-filled auto injection when required by the school nurse or delegate trained by the school nurse.

The parents/guardians are responsible for attaching the physician's orders requiring the administration of the epinephrine to this release, and for replacing the pre-filled auto injector when it has expired.

The parents/guardians agree to provide the school with a number of pre-filled auto injections to be used as needed and understand that if the school nurse is not available, then a trained designee will administer the epinephrine in a pre-filled auto injection.

The parents/guardians understand that the school, its employees, and agents will have no liability as a result of any injury arising from the administration or failure to administer epinephrine to the student.

The parents/guardians will indemnify and hold harmless Saint Dominic School, Saint Dominic Parish, employees, and agents from and against claims arising out of the administration or failure to administer epinephrine in a pre-filled auto injection to a student.

This release is valid for the \_\_\_\_\_ school year only.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

*Elizabeth Lonkovich*  
\_\_\_\_\_  
Principal

*Kristin Halldorson*  
\_\_\_\_\_  
School Nurse



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## AUTHORIZATION FOR RELEASE OF INFORMATION ON NEED TO KNOW BASIS

Saint Dominic School strives to protect the well-being of our students, especially those with special health needs. This includes assisting teachers, students, and administrators to adapt to a student's health problems.

Because of this commitment, it is important that certain confidential information about the student's health problem be shared by parents or guardians. This information will be used to plan for the care and management of the student. It will be shared with those members of the professional staff who have direct responsibility for the student when in school or participating in school activities.

Please complete the release below:

I hereby authorize an exchange of information to occur between the school nurse, my child's physician and those members of the professional staff who have direct responsibility for the student when in school or participating in school activities.

Student's name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

This authorization is effective for one calendar year.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

*Elizabeth Lonkovich*  
School Principal's Signature

*Kristin Hallderson*  
School Nurse's Signature